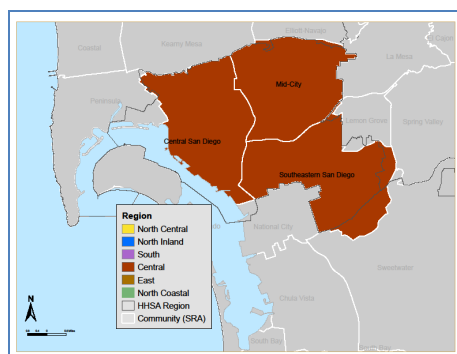


San Diego County Health Briefs

Central Region



This brief contains 2009 chronic disease health data for the Central Region of San Diego County. Data are provided from the Community Health Statistics Unit and the 2009 California Health Interview Survey.



Demographics ¹	Central Region (%)	County (%)
Ages 0-14	21.03	19.92
Ages 15-24	15.91	15.67
Ages 25-44	32.85	28.57
Ages 45-64	21.36	24.28
Ages 65+	8.85	11.56
White	26.67	49.78
Black	12.92	5.22
Hispanic	42.30	30.21
Asian/Pacific Islander	13.91	10.65
Other	4.20	4.14
Households with income less than 200% Federal Poverty Level (FPL) ^{††}	44.78	28.44

Health Outcomes ²	Central Region		County	
	Number	Rate**	Number	Rate**
Coronary Heart Disease				
Death	507	98.7	3,415	107.2
Hospitalization	1,470	286.2	10,129	318.0
Emergency Department Discharge	113	22.0	784	24.6
Stroke				
Death	152	29.6	1,080	33.9
Hospitalization	979	190.6	6,734	211.4
Emergency Department Discharge	139	27.1	1,306	41.0
Diabetes				
Death	98	19.1	555	17.4
Hospitalization	937	182.5	4,029	126.5
Emergency Department Discharge	949	184.8	4,228	132.7
COPD				
Death	107	20.8	916	28.8
Hospitalization	604	117.6	3,341	104.9
Emergency Department Discharge	1,539	299.7	8,009	251.4
Asthma				
Death	6	1.2	22	0.7
Hospitalization	602	117.2	2,433	76.4
Emergency Department Discharge	2,454	477.9	9,779	307.0
Cancer, All Causes				
Death	645	125.6	4,734	148.6

For more data and statistics, visit www.SDHealthStatistics.com

San Diego County Health Briefs

Central Region



Access and Utilization ³	Central Region (%)	County (%)
No Usual Source of Care (ages 18-64)	16.3	13.2
Uninsured All or Part of Year (ages 18-64)	25.4	23.2
Prescription Drug Coverage (ages 18-64)	94.8	94.5

Health Behaviors & Related Health Factors ³	Central Region (%)	County (%)
Current Smoker (ages 18+)	15.7	12.8
Overweight/Obese (ages 18+)	63.9	55.3
Walked for Transport, Fun/Exercise (ages 18+)	76.5	75.7
Ate Fast Food 2 or More Times in Past Week (all ages)	36.6	35.5
Binge Drinking in Past Year (ages 18+)	33.6	34.8
Ever Diagnosed with High Blood Pressure (ages 18+)	30.0	26.3
Ever Diagnosed with Diabetes (ages 18+)	12.0	7.8
Ever Diagnosed with Asthma (all ages)	11.4	12.3

Sources

1. Current Demographic Estimates, San Diego Association of Governments (SANDAG), 2010.
2. County of San Diego (CoSD), Health & Human Services Agency (HHSA), Public Health Services (PHS), Community Health Statistics, 2011.
3. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2009.

** Rates are per 100,000 population.

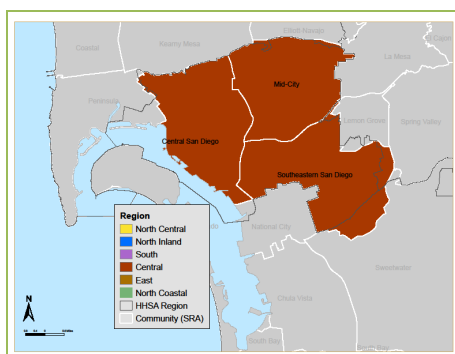
††: Federal Poverty Level for 2009 (\$10,830 for single person, \$3,740 for each additional person, \$22,050 for four-person-family).

San Diego County Health Briefs

Central Region



This brief contains 2009 communicable disease health data for the Central Region of San Diego County. Data are provided from the Community Health Statistics Unit and the 2009 California Health Interview Survey.



Demographics ¹	Central Region (%)	County (%)
Ages 0-14	21.03	19.92
Ages 15-24	15.91	15.67
Ages 25-44	32.85	28.57
Ages 45-64	21.36	24.28
Ages 65+	8.85	11.56
White	26.67	49.78
Black	12.92	5.22
Hispanic	42.30	30.21
Asian/Pacific Islander	13.91	10.65
Other	4.20	4.14
Households with income less than 200% Federal Poverty Level (FPL) ^{††}	44.78	28.44

Health Outcomes ²	Central Region Number	Central Region Rate**	County Number	County Rate**
Tuberculosis	47	9.2	223	7.0
Chronic Hepatitis C, Reported	687	133.8	4,540	142.5
AIDS Incidence	172	33.5	363	11.4
Chlamydia Reported, Underestimate‡	2,949	574.2	14,233	446.8
Gonorrhea Reported, Underestimate‡	529	103.0	1,838	57.7
Primary and Secondary Syphilis Reported	165	32.1	263	8.3

Access and Utilization ³	Central Region (%)	County (%)
No Usual Source of Care (ages 18-64)	16.3	13.2
Uninsured All or Part of Year (ages 18-64)	25.4	23.2
Prescription Drug Coverage (ages 18-64)	94.8	94.5

Health Behaviors & Related Health Factors ³	Central Region (%)	County (%)
Binge Drinking in Past Year (ages 18+)	33.6	34.8
Tested for STD in Past 12 Months (ages 12-17 who have had sexual intercourse)	*	36.5
4 or More Sexual Partners in Last 12 Months (ages 18-64)	*	3.9
Has had Flu Vaccination in Past 12 Months (ages 18+)	44.0	41.1
Has had Flu Vaccination in Past 12 Months (ages 0-11)	54.1	55.6

For more data and statistics, visit www.SDHealthStatistics.com

San Diego County Health Briefs

Central Region



Sources

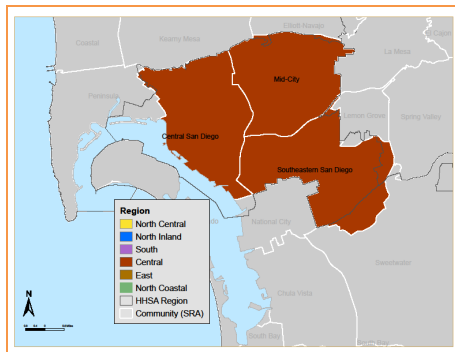
1. Current Demographic Estimates, San Diego Association of Governments (SANDAG), 2010.
 2. County of San Diego (CoSD), Health & Human Services Agency (HHSA), Public Health Services (PHS), Community Health Statistics, 2011.
 3. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2009.
- ‡ Underestimate due to cases with unknown residence. Approximately 30% of chlamydia and gonorrhea cases have missing residence data each year.
- * Indicates statistically unstable estimate.
- ** Rates are per 100,000 population.
- ††: Federal Poverty Level for 2009 (\$10,830 for single person, \$3,740 for each additional person, \$22,050 for four-person-family).

San Diego County Health Briefs

Central Region



This brief contains 2009 injury data for the Central Region of San Diego County. Data are provided from the Community Health Statistics Unit and the 2009 California Health Interview Survey.



Demographics ¹	Central Region (%)	County (%)
Ages 0-14	21.03	19.92
Ages 15-24	15.91	15.67
Ages 25-44	32.85	28.57
Ages 45-64	21.36	24.28
Ages 65+	8.85	11.56
White	26.67	49.78
Black	12.92	5.22
Hispanic	42.30	30.21
Asian/Pacific Islander	13.91	10.65
Other	4.20	4.14
Households with income less than 200% Federal Poverty Level (FPL) ^{††}	44.78	28.44

Health Outcomes ²	Central Region		County	
	Number	Rate**/(%)	Number	Rate**/(%)
Unintentional Injury (All Causes)				
Deaths	156	30.4	949	29.8
Hospitalizations	3,604	701.8	21,149	663.9
Emergency Department Discharges	24,145	4,701.7	149,437	4,691.2
Fall-Related Injury				
Deaths	24	4.7	231	7.3
Hospitalizations	1,705	332.0	10,734	337.0
Emergency Department Discharges	8,120	1,581.2	52,581	1,650.7
Overdose/ Poisoning				
Deaths	102	19.9	409	12.8
Hospitalizations	497	96.8	2,365	74.2
Emergency Department Discharges	745	145.1	4,677	146.8
Motor Vehicle Injuries				
Deaths due to Motor Vehicle (MV) Injury	31	6.0	242	7.6
Hospitalizations due to MV Injury	542	105.5	2,676	84.0
Emergency Department Discharges due to MV Injury	2,760	537.4	16,010	502.6
Motor Vehicle Crash (MVC) Injuries	3,063	596.4	18,459	579.5
Alcohol-involved MVC Injuries	397	77.3	2,509	78.8
Drinking Drivers Involved in MV Crashes	264	51.4	1,685	52.9
Active Restraint Use, % of Motor Vehicle Occupants (MVO) Injured [†] , Ages 6+	1,211	90.9%	10,989	92.7%
Child Restraint Use, % of MVO Injured ^{†††} , Ages 0-5	11	47.8%	135	67.2%
Pedestrian Injuries				
Deaths due to Motor vehicle crashes (MVC)	11	2.1	59	1.9
Hospitalizations due to MVC	103	20.1	348	10.9

For more data and statistics, visit www.SDHealthStatistics.com

San Diego County Health Briefs

Central Region



Injury

Health Outcomes ²	Central Region		County	
	Number	Rate**/(%)	Number	Rate**/(%)
Emergency Department Discharges due to MVC	236	46.0	963	30.2
Injuries due to MVC	306	59.6	1,054	33.1
Assault				
Homicide	36	7.0	90.0	2.8
Hospitalizations	543	105.7	1,644	51.6
Emergency Department Discharges	2,054	400.0	8,188	257.0
Self-Inflicted Injuries				
Suicide	64	12.5	365	11.5
Hospitalizations	344	67.0	1,590	49.9
Emergency Department Discharges	437	85.1	2,435	76.4
Firearm-Related Injuries				
Deaths	48	9.3	200	6.3
Hospitalizations	72	14.0	186	5.8
Emergency Department Discharges	38	7.4	211	6.6
Access and Utilization ³		Central Region (%)		County (%)
No Usual Source of Care (ages 18-64)	16.3		13.2	
Uninsured All or Part of Year (ages 18-64)	25.4		23.2	
Prescription Drug Coverage (ages 18-64)	94.8		94.5	
Health Behaviors & Related Health Factors ³		Central Region (%)		County (%)
Binge Drinking in Past Year (ages 18+)	33.6		34.8	
Experienced Physical or Sexual Violence By Intimate Partner in Past Year (ages 18-65)	*		2.6	
Ever Experienced Physical or Sexual Violence By an Intimate Partner Since Age 18 (ages 18-65)	14.3		13.7	
Ever Seriously Thought About Committing Suicide (ages 18+)	9.3		8.0	
Sources				

Sources

1. Current Demographic Estimates, San Diego Association of Governments (SANDAG), 2010.
2. County of San Diego (CoSD), Health & Human Services Agency (HHSA), Public Health Services (PHS), Community Health Statistics Unit, 2011.
3. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2009.

* Indicates statistically unstable estimate.

** Rates are per 100,000 population.

† Active Restraint Use percentage is defined as those ages 6 years and older who were injured in motor vehicle crashes (MVC) occurring on public roads where the status of active restraint use was known. Data are by location of occurrence. The data come from the California Highway Patrol Statewide Integrates Traffic Records System.

†† Federal Poverty Level for 2009 (\$10,830 for single person, \$3,740 for each additional person, \$22,050 for four-person-family).

††† Child Restraint Use percentage is defined as the percentage of children ages 0-5 who are properly restrained as motor vehicle occupants (MVO) in crashes occurring on public roads where the status of restraint use was known. Data are by location of occurrence. The data come from the California Highway Patrol Statewide Integrates Traffic Records System.

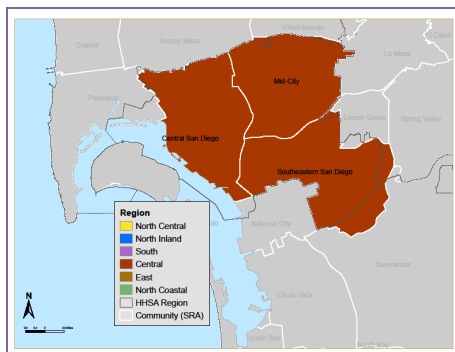
For more data and statistics, visit www.SDHealthStatistics.com

San Diego County Health Briefs

Central Region



This brief contains 2009 maternal and child health data for the Central Region of San Diego County. Data are provided from the Community Health Statistics Unit and the 2009 California Health Interview Survey.



Demographics ¹	Central Region (%)	County (%)
Ages 0-14	21.03	19.92
Ages 15-24	15.91	15.67
Ages 25-44	32.85	28.57
Ages 45-64	21.36	24.28
Ages 65+	8.85	11.56
White	26.67	49.78
Black	12.92	5.22
Hispanic	42.30	30.21
Asian/Pacific Islander	13.91	10.65
Other	4.20	4.14
Households with income less than 200% Federal Poverty Level (FPL) ^{††}	44.78	28.44

Health Outcomes ²	Central Region Number	Central Region Rate/(%)	County Number	County Rate/(%)
Live Births, % of County Births	7,526	16.7%	44,960	100.0%
Live Births to Girls, Ages 15-17, % of County births	289	3.8%	1,058	2.4%
Live Births with Early Prenatal Care, % of Known Prenatal Care	5,996	79.7%	36,831	82.0%
Live Births born Preterm, % of County births	840	11.2%	4,420	9.9%
Low Birth Weight Births, % of County births	552	7.3%	2,991	6.7%
Very Low Birth Weight Births, % of County births	96	1.3%	486	1.1%
Fetal Mortality Rate per 1,000 live births & fetal deaths	37	4.9	177	3.9
Infant Mortality, Rate per 1,000 live births	48	6.4	199	4.4
Child Restraint Use, % of MVO Injured [†] , Ages 0-5	11	47.8%	135	67.2%

Access and Utilization ³	Central Region (%)	County (%)
No Usual Source of Care (ages 18-64)	16.3	13.2
Uninsured All or Part of Year (ages 18-64)	25.4	23.2
Prescription Drug Coverage (ages 18-64)	94.8	94.5
Currently Receiving TANF or CalWORKS (all ages, 300% of FPL)	5.4	3.3
Single Parents Currently Receiving TANF or CalWORKS (all ages)	*	10.9
Children Age 6 and Under Currently on WIC	*	42.8
Women with Children Under 7 or Are Pregnant on WIC	35.6	43.5
Residents Under 200% FPL Receiving Food Stamps	18.8	11.0
Children Under 18 Below 200% FPL	59.2	36.1

Health Behaviors & Related Health Factors ³	Central Region (%)	County (%)
Adults Under 200% FPL Unable to Afford Enough Food	52.0	35.1
Ate Fast Food 3 or More Times in Past Week (ages 2-17)	16.0	15.0
Children Who Eat Less Than 5 Servings of Fruits and Vegetables Daily (ages 2-11)	53.3	52.9
Mother Aged Under 25 when First Child Born	44.6	38.4

For more data and statistics, visit www.SDHealthStatistics.com

San Diego County Health Briefs

Central Region



Health Behaviors & Related Health Factors ³	Central Region (%)	County (%)
Women with a High School Degree or Less Education (ages 25+)	42.6	31.3
Child Attends Preschool, Nursery school, or Head Start Program At Least 10 hrs/wk (ages <6)	*	21.5
Child Received Emotional/Psychological Counseling in Past Year (ages 4– 11)	*	4.5
More Than a Year Since Last Dental Visit (ages 2-11)	*	2.9
More Than a Year Since Last Dental Visit (ages 12-17)	*	7.5
Tested for STD in Past 12 Months (ages 12-17 who have had sexual intercourse)	*	36.5
Has had Flu Vaccination in Past 12 Months (ages 0-11)	54.1	55.6

Sources

1. Current Demographic Estimates, San Diego Association of Governments (SANDAG), 2010.
2. County of San Diego (CoSD), Health & Human Services Agency (HHSA), Public Health Services (PHS), Community Health Statistics Unit, 2011.
3. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2009.

* Indicates statistically unstable estimate.

†Child Restraint Use percentage is defined as the percentage of children ages 0-5 who are properly restrained as motor vehicle occupants (MVO) in crashes occurring on public roads where the status of restraint use was known. Data are by location of occurrence. The data come from the California Highway Patrol Statewide Integrates Traffic Records System.

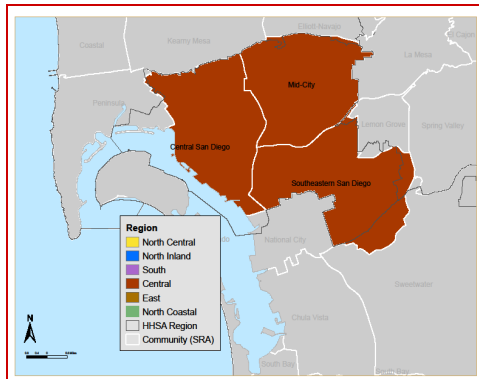
††Federal Poverty Level for 2009 (\$10,830 for single person, \$3,740 for each additional person, \$22,050 for four-person-family).

San Diego County Health Briefs

Central Region



This brief contains 2009 behavioral health data for the Central Region of San Diego County. Data are provided from the Community Health Statistics Unit and the 2009 California Health Interview Survey.



Demographics ¹	Central Region (%)	County (%)
Ages 0-14	21.03	19.92
Ages 15-24	15.91	15.67
Ages 25-44	32.85	28.57
Ages 45-64	21.36	24.28
Ages 65+	8.85	11.56
White	26.67	49.78
Black	12.92	5.22
Hispanic	42.30	30.21
Asian/PI	13.91	10.65
Other	4.20	4.14
Households with income less than 200% FPL†	44.78	28.44

Mental Health Behaviors & Related Health Factors ²	Central Region (%)	County (%)
Likely Has Had Serious Psychological Distress During Past Year (ages 18+)	4.8	5.3
Likely Has Had Serious Psychological Distress During Past Month (ages 18+)	2.1	2.2
Likely Has Had Serious Psychological Distress During Past Month (ages 12-17)	*	2.2
Emotions Severely Impaired Social Life in Past 12 Months (ages 18+)	10.3	6.9
Emotions Severely Impaired Work in Past 12 Months (ages 18+)	*	4.6
Unable to Work 8 Days or More Due to Mental Problems (ages 18+)	59.4	56.5
Saw Any healthcare Provider for Emotional-Mental and/or Alcohol-Drug Issues in Past Year (ages 18+)	21.0	13.5
Has Taken Prescription Medicine for 2 or More Weeks for Emotional/Mental Health Issues in Past Year (ages 18+)	17.6	11.0
Received Psychological/Emotional Counseling in Past Year (ages 12-17)	*	10.5
Child Received Emotional/Psychological Counseling in Past Year (ages 4-11)	*	4.5
Ever Seriously Thought About Committing Suicide (ages 18+)	9.3	8.0

Substance Abuse Health Behaviors & Related Health Factors ²	Central Region (%)	County (%)
Binge Drinking in Past Year (ages 18+)	33.6	34.8
Ever Tried Marijuana, Cocaine, Sniffing Glue, or Other Drugs (ages 12-17)	*	10.2
Used Marijuana in Past Year (ages 12-17)	*	6.1

Access and Utilization ²	Central Region (%)	County (%)
No Usual Source of Care (ages 18-64)	16.3	13.2
Uninsured All or Part of Year (ages 18-64)	25.4	23.2
Prescription Drug Coverage (ages 18-64)	94.8	94.5

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San Diego County Health Briefs

Central Region



Other Health Behaviors & Related Health Factors ²	Central Region (%)	County (%)
Adults Under 200% FPL Unable to Afford Enough Food (ages 18+)	52.0	35.1
Ate Fast Food 3 or More Times in Past Week (ages 2-17)	16.0	15.0
Children Who Eat Less Than 5 Servings of Fruits and Vegetables Daily (ages 2-11)	53.3	52.9
Mother Aged Under 25 When First Child Born	44.6	38.4
Tested for STD in Past 12 Months (ages 12-17 who have had sexual intercourse)	*	36.5

Sources

1. Current Demographic Estimates, San Diego Association of Governments (SANDAG), 2010.
2. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2009.

* Indicates statistically unstable estimate.

†Federal Poverty Level for 2009 (\$10,830 for single person, \$3,740 for each additional person, \$22,050 for a four-person-family)